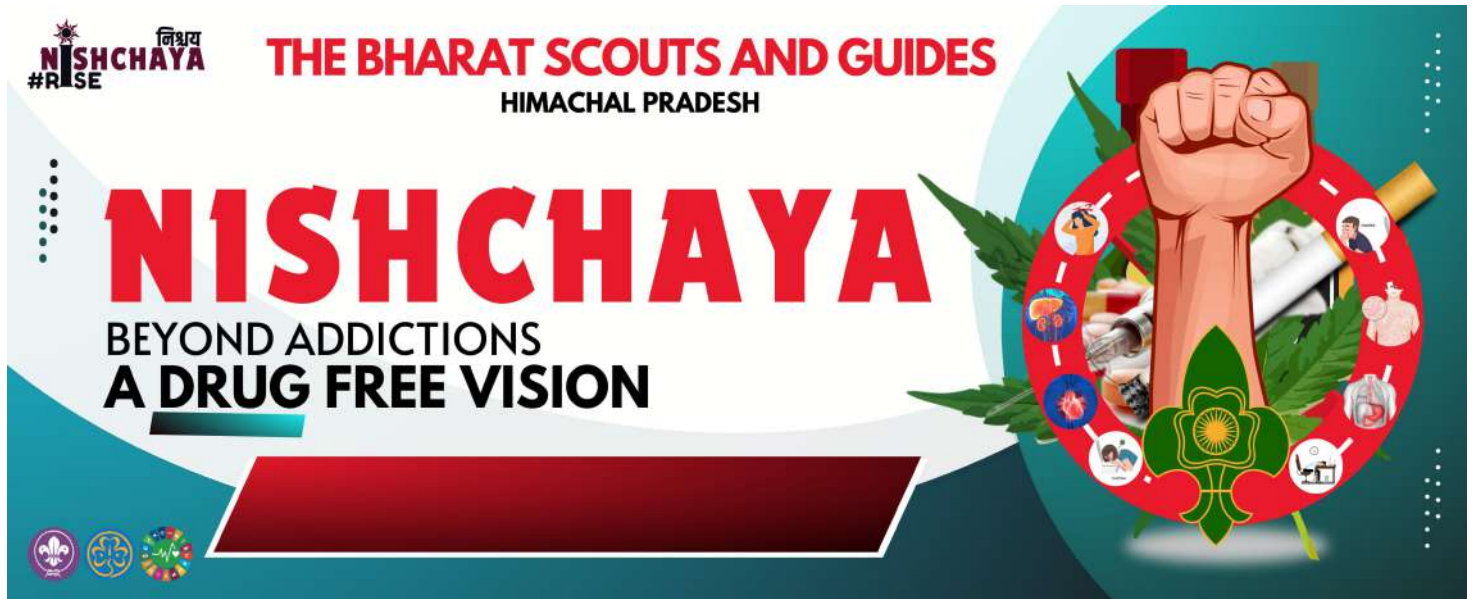


**PROJECT " NISHCHAYA "-BEYOND ADDICTIONS- A DRUG FREE VISION -
PROJECT RUN BY ROVERS & RANGERS (16-28 FEB 2024) UNIT G.C. KULLU**



The Principal
Govt. Degree College, Kullu
Distt. Kullu (H.P.)

Sub: Permission to draw advance to execute the work named
Project Nishchaya, (Directed by the 3rd The Bharat Scouts & Guides - Guide)

Resr.

The following material/instruments/ equipments/ articles/ items with tentative estimate are required to be purchased/spent so as to execute the above named work:-

Sr.	Name of items/ material/ instruments/ equipments/ articles of expenditure	Tentative estimated Expenditure
1.	Visit to Rehabilitation Centre with full visit and to organise a "one day" skill based workshop with refreshment.	5,000
2.	Meals/ water/ bike with V.I.P. and administrative persons.	2,000
3.	Stipend on day into drugs + Rangs + petrol/ workshop etc.	4,000
4.	Refreshments during presentation	4,000
	TOTAL	15,000

You are requested to give permission to draw the above mentioned advance to carry out above work/purchase.

Thanking You
[Signature]

Teacher in charge/ Head of committee/ Convener/ secretary PTA
Govt. College, Kullu
Recommended out of R&R fund fund.

[Signature]
Bursar

Permission granted to take advance to
RS. _____ execute above named work/purchase after
observing necessary codal procedure.

[Signature]
Principal
Govt. Degree College, Kullu
Distt. Kullu (H.P.)

R & R

Advance

No. EDN-GCK-KLU(Funds)-
Office of the Principal, Govt. College Kullu (H.P.)

Dated 08/02/2024

OFFICE ORDER

In exercise the power vested in me vide Himachal Pradesh code (Education) / H.P. ordinance under rule Payment in fund
R & R sanction is hereby granted for the payment /
advance of Rs. 15000 - Rupees
Fifteen thousand only

To meet the expenditure for the purpose of Amount paid to P.T. Jyoti kumar AP working on the of Nishchaya (Directed by the 3rd The Bharat Scouts & Guides - Guide). As Advance.

Chq No. : 096311
Dated :- 08/02/2024

[Signature]
Principal
Govt. College Kullu (H.P.)

Project Report: NISHCHAYA - A Campaign Against Drug Abuse and Mental Health

Introduction: Project *Nishchaya*, initiated by the Bharat Scouts and Guides Himachal Pradesh, aims to combat drug abuse and promote mental health awareness months among the youth. The project is particularly focused on engaging students in activities that raise awareness about the dangers of drug abuse and provide support to individuals struggling with addiction. The closing date of the project *Nishchaya* is 31 April 2024.

Activities carried out during the campaign:

16th Feb 2024: Meeting with Sh. Sunder Thakur Ji:

A meeting of the rovers and rangers along with rover scout leader was conducted with Sh. Sunder Thakur Ji, Chief Parliamentary Secretary, Government of Himachal Pradesh. His message to the society emphasized the importance of addressing drug abuse issues effectively.

14 Feb 2024: all the unit were on practice of street play on Drug abuse and mental health.

17th Feb 2024: Visit to Sankalp Rehabilitation Centre at Bashing:

The rovers and rangers unit (40 students) organized a visit to the Sankalp Rehabilitation Centre where they met Sh. Vishal Sharma, the founder.

A one-day workshop on "Bottle Art" was conducted, involving the patients of the rehab centre. Whole day Scouts assisted the patients in creating and painting bottles, providing them with a constructive activity to engage in during their free time.

Additionally, a street play on drug abuse was performed in front of the patients, aiming to raise awareness and educate them about the harmful effects of drug addiction. Unit promised to visit the rehab centre in intervals and presented a carrom board to the patients of rehab centre to make them engaged in their free time so that they can make their mind busy. Refreshment was served to all 40 students at 1PM.

17th Feb 2024: Meeting with Additional Superintendent of Police at 5 PM:

A meeting was held with the Additional Superintendent of Police, Kullu City, to discuss the challenges of drug abuse among the youth. Scouts performed another street play on drug abuse, reinforcing the message of the dangers associated with substance abuse. In the evening refreshment was again served after performing street play at 6PM.

26th Feb 2024: Rangoli Competition:

A Rangoli Competition was organized by the rovers and rangers unit in the college, with participation of 31 students/scouts.

This creative activity aimed to engage students in a positive and constructive way while promoting teamwork and artistic expression. Winners of the competition were rewarded with cash on closing ceremony. At the end refreshment was served to all the students.

27th Feb 2024: Poster Making Competition:

A Poster Making Competition was organized, with 40 students/scouts showcasing their creativity and advocacy skills by designing posters highlighting the negative impacts of drug abuse. Winners of the event were rewarded by cash on closing ceremony and refreshment was served at the end of the competition.

28th Feb 2024: Closing Ceremony:

The project culminated in a closing ceremony, graced by Dr. Roshan Lal as the chief guest and Sh. Vishal Sharma as the special guest and speaker of the day.

Awards and cash prizes were distributed among the winners of the Rangoli and Poster Making competitions, acknowledging their efforts in spreading awareness about drug abuse through creative mediums. Refreshment was also served among the 44 students on closing ceremony.

Conclusion: Project Nishchaya has been instrumental in raising awareness about drug abuse and mental health issues among the youth. Through a series of engaging activities and interactions with stakeholders, the project has successfully contributed to the prevention and mitigation of drug abuse within the community. Moving forward, sustained efforts and collaborations will be essential in addressing the root causes of substance abuse and promoting overall well-being among the youth.

युवा नशे से दूर रहें, खेलों में आगे आएँ : सुंदर

कुल्लू, 17 फरवरी (दिलीप) : राजकीय महाविद्यालय कुल्लू के रोवर एवं रेंजर इकाई ने अपने रोवर लीडर प्रो. ज्योति चरन के नेतृत्व में स्काउट्स एवं गाइड्स हिमाचल प्रदेश द्वारा नशे के विरुद्ध आरंभ किए गए प्रोजेक्ट निश्चय के लिए सी.पी.एस. सुंदर सिंह ठाकुर एवं नगर परिषद



अध्यक्ष गोपाल कृष्ण महंत से मिले। इस दौरान उन्हें कुल्लू कालेज की रोवर एवं रेंजर इकाई द्वारा प्रोजेक्ट निश्चय के बारे में जानकारी दी। उन्होंने बताया कि इस प्रोजेक्ट के तहत इकाई द्वारा शनिवार से सेवाएं जिले के नशा मुक्ति केंद्रों में दी जाएंगी और समाज को इस दिशा में जागरूक किया जाएगा।

मुख्य संसदीय सचिव सुंदर ठाकुर एवं नगर परिषद अध्यक्ष ने इसके लिए अपने संदेश के साथ शुभकामनाएं दीं। उनके इसी संदेश को आगे बढ़ाते हुए कुल्लू कालेज की रोवर एवं रेंजर इकाई वाशिंग

स्थित संकल्प नशा मुक्ति केंद्र में अपनी सेवाएं दे रही है। सी.पी.एस. सुंदर सिंह ठाकुर ने बताया कि महाविद्यालय कुल्लू के रोवर एंड रेंजर ने नशे के विरुद्ध अभियान निश्चय छेड़ रखा है। उन्होंने कहा कि यह एक बहुत अच्छी पहल है कि युवा नशे से दूर रहें, खेलों में आगे आएँ और अपनी प्रतिभा को निकालने के लिए मेहनत करें। उन्होंने कहा कि उनकी ओर से जो भी सहयोग चाहे शिक्षा के क्षेत्र में, खेलों के क्षेत्र में हो स्कूलों में सुविधा प्रदान कर रहे हैं। ऐसे में इस अभियान को सफल बनाने की शुभकामनाएं देता हूँ।

कुल्लू : रोवर लीडर प्रो. ज्योति चरन सी.पी.एस. को स्कार्फ पहना कर सम्मानित करते हुए। (दिलीप)



AT S.P. OFFICE KULLU





AT "SANKALP REHAB CENTRE"

