




Govt College Kullu

NSS Activity

(Session:2023-24)



Sr. No.	Particulars	Remarks
1	Date	10 th November 2023
2	Name of Activity	Ayurveda Day
3	Name of Unit/Agency/Department Organizing the Activity	NSS Unit GC Kullu
4	Name of Collaborating Agency (If Any)	---
5	No. of Student Participants	40
6	No. of Teacher Participants	3 (Dr. Khem Chand Thakur, Dr. Shashi Sharma, and Deep Thakur)
7	Brief Report: On 10 th November 2023, Ayurveda Day was held at Government College, Kullu. Dr. Gunjan and Dr. Seti shared their Ayurveda knowledge with the volunteers at the NSS unit of Kullu College. In this session, our program officers Dr. Shashi Sharma and Dr. Khem Thakur were also present and talked about how Ayurveda is important in our lives. Dr. Gunjan was asked about the challenges faced by Suyamsevaks and what steps can be taken to prevent the disease. Dr. Gunjan answered all the volunteers' questions, and everyone was very attentive to their responses. Prof Deep Thakur were present in this session.	 <p>Kullu, Himachal Pradesh, India X430+7H9, Degree College Rd, Lanka Bekar, Dhalpur, Kullu, Himachal Pradesh 176101, India Lat 31.953232° Long 77.111424° 10/11/23 02:55 PM GMT +05:30</p>

Organizer /
Dr. Khem Chand
Dr. Shashi Sharma

Principal
Govt. College Kullu
(H.P.)